

POWERFLEX®

PART NUMBER

PFF40-121

DESCRIPTION

LOWER ENGINE MOUNT INSERT

INSTALLATION GUIDE

Contents (parts per pack):

1 x Polyurethane PFF40-120 Insert

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

Fitting Instructions:

1. Remove the undertray from the vehicle.
2. Remove the two bolts holding the lower mounting bracket to the engine, and the bolt securing it to the front subframe.
3. Slide the lower engine mount out from the subframe towards the front of the car.
4. Push the insert into the voids in the rubber of the mount, with the flat face of the insert facing upwards. Applying some washing up liquid to the insert may help it fit the mount more easily.
5. Slide the mount back into the subframe.
6. Refit the securing bolts to subframe and mounting bracket and tension all hardware to the manufacturers recommended torque settings.



Figure 1 - showing polyurethane insert fitted inside the lower engine mount



Figure 2 - The lower engine mount

Figure 3 - exploded view showing how the insert fits inside the lower engine mount

